

CHRISTMAS SERIES: THE GIFT OF HOPE  
Part 2: Hope For When You're Depressed

*1 Samuel 1:1-28*

Five actions steps you can take to discover God's hope when you're depressed:

I. \_\_\_\_\_ what you're actually

\_\_\_\_\_ *1 Samuel 1:5-8, 10, 15; Proverbs 15:13; Philippians 4:6*

II. \_\_\_\_\_ people who are \_\_\_\_\_

*1 Samuel 1:9-10; Psalm 26:12*

III. \_\_\_\_\_ for God's \_\_\_\_\_

*Samuel 1:10-11, 15; Romans 12:1-2*

Horizontal lines for taking notes.

