



The CR Crisis Response (Zoom meeting) guidelines are:

1. Keep your sharing focused on your own thoughts, feelings, and actions. Please limit your sharing to 3-5 minutes.
2. There is NO cross talk please. Cross talk is when two people engage in a dialogue during the meeting. Each person sharing is free to express feelings without interruptions. If you have background noise, please mute your microphone.
3. We are here to support one another. We will not attempt to “fix” one another.
4. Anonymity and Confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others. Here’s how we do this in online meetings:
 1. Be in the room alone while you are participating in the small group.
 2. If it is not possible to be alone, use headphones. This will ensure that no one else can overhear what is shared in the group.
 3. All members must be on camera. If the group facilitator asks, you must show the rest of the group that no one else is in the room.
 4. The only exception to the camera policy is if you do not have access to a device with a camera. The moderator will then pre-screen you from a phone line in the waiting room and place you in your group.
 5. The meeting will not be recorded.
5. Offensive language has no place in a Christ-centered recovery group.