

SERIES: THE PROCESS OF BREAKTHROUGH

Part 10: Use Daily Accountability

Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak."

Mark 14:38

B.R.E.A.K.T.H.R.O.U.G.H.

1. **B**ecome clear. I'm not God which means I'm not all powerful, all knowing and ever present. My life is out of control. - Reality step.

2. **R**ealize God is God. I believe that Jesus Christ is all powerful, and He can restore me to wholeness and the breakthroughs I desire and need. - Hope step.

3. **E**mbrace His will. I make the decision to surrender my will to Father God's care. - Commitment step.

4. **A**cknowledge my wrong and confess my faults to myself, to God and to someone I trust. - Housecleaning step.

5. **K**nock on someone's door. How to find a safe person to confess your faults, failures, flaws, and sins. - Transformation step.

6. **T**ackle the roots of the issues you struggle with by willingly presenting yourself to God, and ask Him to heal and restore the broken and damaged areas of your personality. - Cooperate with God step.

7. **H**umble yourself before God so He can change you. - Humility step.

8. **R**econcile with others by asking them to forgive you for the wrongs you have done in their lives. - Freedom step.

9. **O**wn our responsibility by making reparations to those you have wronged when appropriate. - Making things right step.

10. **U**se daily accountability. You persist in making personal evaluations and admit your fault as soon as you are aware you are wrong. - Committing to your personal breakthrough step.

_____ happen when you fall back into a self-defeating pattern.

I. _____ the predictable _____ of breakdowns

Horizontal lines for taking notes.

Notes:

“And remember, when you are being tempted, do not say, ‘God is tempting me.’ God is never tempted to do wrong, and He never tempts anyone else. ¹⁴Temptation comes from our own desires, which entice us and drag us away. ¹⁵These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death. ¹⁶Don’t be misled, my dear brothers and sisters.” James 1:13-16

Common _____ to your _____ breakthroughs:

A. C _____

B. C _____

C. C _____

D. C _____

II. _____ can cause _____ ?

A. _____ to _____
Galatians 3:3; 1 Corinthians 10:13

B. _____ one of the _____

C. _____ to break through without _____
Ecclesiastes 4:9-11

D. _____ become _____
Proverbs 16:18; 16:5

Horizontal lines for taking notes.