

Series: Unshakable Hope  
Part 3: DEVELOPING A STRONG SPIRIT

“I pray that from His glorious, unlimited resources He will empower you with inner strength through His Spirit.” Ephesians 3:16

Three \_\_\_\_\_ that \_\_\_\_\_ my spirit (Samson):

1. \_\_\_\_\_ weakens my spirit. Judges 14:1-2

Excuse: “I owe it to myself.”

To be strong in spirit I must discipline my desires. Galatians 6:7-8

“You won’t spend the rest of your lives chasing your own desires but you will be anxious to do the will of God.” v. 2 (1 Peter 4:1-2)

2. \_\_\_\_\_ weakens my spirit. Judges 15:1-17

Excuse: “They hurt me first.”

“Surely resentment destroys the fool, and jealousy kills the simple.” Job 5:2

To be strong in spirit I must control my reactions. “Fools vent their anger, but the wise quietly hold it back.” Proverbs 29:11

3. \_\_\_\_\_ weakens my spirit. Judges 16:1-20

Excuse: “It will be different for me.”

“You will have to live with the consequences of everything you say.” Prov. 18:20 (GN)

Three \_\_\_\_\_ that \_\_\_\_\_ my spirit:

1. Take \_\_\_\_\_ with God every \_\_\_\_\_.

A daily quite time--for Bible reading and prayer -

The REASON: “Show me the right path, O Lord; point out the road for me to follow.” Psalm 25:4

The ROUTINE: “But Jesus often withdrew to the wilderness for prayer.” Luke 5:16

The RESULT: “But if you remain in Me and My words remain in you, you may ask for anything you want, and it will be granted.” John 15:7

2. \_\_\_\_\_ with believers every week.

A weekly small group for fellowship with others -

The REASON: “Don’t neglect our meeting together as some people do, but encourage one another.” Hebrews 10:25

The ROUTINE: “Every day in the temple and from house to house they continued to teach and preach this message, ‘Jesus is the Messiah.’”

3. \_\_\_\_\_ a \_\_\_\_\_ to God every weekend. “Tithing”-- returning the first 10% of my income back to God.

The REASON: “Wherever your treasure is, your heart will be there.” Matthew 6:21

The ROUTINE: “On the first day of the week set aside some of what you have earned and give it as an offering. The amount depends on how much the Lord has helped you earn.” 1 Corinthians 16:2 (LB)

The RESULT: “‘Bring all the tithes into the storehouse so there will be enough food in My temple. If you do,’ says the Lord of Heaven’s Armies, ‘I will open the windows of heaven for you. I will pour out a blessing so great you won’t have enough room to take it in! Try it! Put Me to the test!’” Malachi 3:10