

SERIES: 40 DAYS OF PRAYER

Spiritual Growth Campaign

Part 6: Praying for Healing and Restoration

“Then if My people who are called by My name will humble themselves and pray and seek My face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.” 2 Chronicles 7:14

Four conditions to receive God’s healing and restoration for your life and culture:

I. Admit I’m not in control

*“Then if My people will HUMBLE THEMSELVES”
2 Chronicles 7:14b*

Humility: Is the first step to healing

Four promises God gives to you personally when you humble yourself:

1) If I humble myself God will lead (guide) me

*“He leads the humble in doing right, teaching them His way.”
Psalm 25:9*

2) If I humble myself God will bless me

*“I will bless those who have humble and contrite hearts.”
Isaiah 66:2b*

3) If I humble myself God will give me the power to change

“God opposes the proud but favors the humble.” James 4:6

4) If I humble myself God will reduce my stress

“Take My yoke upon you. Let Me teach you, because I am humble and gentle at heart, and you will find rest for your souls.” Matthew 11:29

II. Ask God for help

“If my people... WILL PRAY.” 2 Chronicles 7:14c

“At that time you won’t need to ask Me for anything. I tell you the truth, you will ask the Father directly, and He will grant your request because you use My name. ²⁴You haven’t done this before. Ask, using My name, and you will receive, and you will have abundant joy.” John 16:23-24

James 5:13-15

Horizontal lines for taking notes.